

# HOW TO Doko.

如何订购都口味？

鲜作·鲜送 HEALTHY EATING. HEALTHY LIVING.

FRESH, HEALTHY, READY-TO-EAT MEALS IN BEIJING. PREPARED & DELIVERED DAILY.

当日烹制 即刻配送 北京最新鲜健康的即食餐！



1

Access Doko anywhere.  
Choose a single order or weekly meal plan,  
order before 5pm for next day delivery.  
随时随地登入DOKO，选择单点或是周套餐  
在下午5点之前订购明日午餐或当周餐点

2

Choose food that fits your lifestyle.  
Get Slim, Stay Lean or Clean Bulk?  
Choose from Healthy, Italian & Japanese,  
let us know any food allergies or preferences.

选择最适您的套餐组合

想变瘦，保持精益，还是想长肌肉？

想吃健康餐、意大利餐还是日餐？

有忌口或是过敏的食物吗？都告诉我们吧！

GET SLIM



CLEAN BULK



STAY LEAN



3

Meals are prepared fresh  
each morning by Doko chefs with the option  
to customize for your taste.

餐点由DOKO厨师每天早上尽心准备  
更可以为您客制属于您的都口味餐点

4

Let us know where to send it! Meals are  
delivered daily by our friendly staff.  
Feel healthy, energized & motivated every day!

餐点制作完成后由都口味的员工

每日专送您的位置

天天鲜作，鲜送。

让您每天都健康有活力！



FRESH NOT FROZEN  
新鲜



LOW SUGAR  
少糖



HEALTHY FATS  
健康的油脂



LOW SODIUM  
低钠



NO ADDED OIL  
无添加油脂



FULL FLAVOR  
无折扣的美味

DOKO CATERS TO ALL TASTE BUDS!  
OUR EXPANDED MENU NOW INCLUDES  
- DOKO HEALTHY, DOKO ITALIAN & DOKO JAPANESE CUISINE -  
EXPLORE ON WWW.DOKOBEIJING.COM

都口味，什么口味都有！

我们希望能够持续精进完善都口味的菜单 目前您可以享受

- 都口健康餐，都口意大利餐及都口日餐 -

更多资讯请访问 WWW.DOKOBEIJING.COM